



The Arunachal Information

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Friday, May 10, 2024 Naharlagun

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News Flash

Tobacco products seized

ITANAGAR, May 8:

The flying squad of ICR District Tobacco Control Cell seized a huge quantity of cigarettes and other tobacco products and illegally stored alcohol from various shops situated within 100 m radius of NERIST and other educational institutions in Nirjuli on Wednesday, May 8.

All the shop owners violating section 6 (a) & (b) of the COTPA were imposed a fine of Rs. 200 each by challan. The offenders were warned to refrain from selling tobacco products near educational institutions, and to abide by the laws under COTPA.

Later, all the seized items were burnt and disposed off at Dikrong river side at Nirjuli.

The flying squad was led by Naharlagun CO Nani Mamung.

Workshop on Nadi Vigyan organised RGU

RONO HILLS, May 8:

The Rajiv Gandhi University's Physical Education and Sports Sciences department organized a workshop on 'Nadi Vigyan' here on Wednesday, May 8.

The workshop was organized with the objective to understand the techniques of 'nadi vigyan' and its physiology and to make the participants aware about 'prakriti' of the body—the 'Vata', 'Pitta' and 'Kapha'.

Resource person Dr. Laxmi Narayan Joshi, HoD of Yogic Science, Uttarakhand, Sanskrit University, Haridwar, spoke on the science and physiology of 'nadi vigyan.' Dr. Joshi also demonstrated the process of identifying right body alignment and applied marma therapy to soothe body pain.

RGU VC prof. Saket Kushwaha spoke on Indian philosophy and traditional literature on health and wellbeing.

Registrar in-charge and COE of RGU Dr. Vijay Raje spoke about the significance of yogic sciences for mental wellbeing of the youth.

More than 100 participants from different departments learned about the science of nadi vigyan and pain management.

Physical education and sports sciences department's head (in-charge) Dr. Anil Mili, dean of faculty of physical education and sports sciences prof. T. Lungdim, head of psychology department Dr. Prashanto Kumar Saha, Dibrugarh University's physical education department's head Dr. Mantu Baro, among others, attended the workshop.

HCTE NSS volunteers represent state at NE NSS fest

ITANAGAR, May 3:

NSS volunteers of Lekhi-based Hills College of Teacher Education (HCTE) represented NSS Arunachal Pradesh at the North East NSS Festival-2024, held at the Jaintia Eastern College in Khliehriat, Meghalaya, from 29 April to 3 May.

A total of 30 volunteers, led by HCTE Assistant Professor and NSS Programme Officer Dakngam Riba, attended the festival, which was aimed to showcase and exchange cultural diversity among the eight states of Northeast India.

"The volunteers actively participated in all activities and showcased the diverse culture of Arunachal Pradesh in the festival," Prof Riba informed in a release.

HCTE NSS volunteer Punam Das bagged the first position in the extempore speech on 'Yuva Samvad - India@2047', she added.

World Red Cross Day celebrated

Governor urges volunteers of Red Cross to make their activities purposeful and effective



ITANAGAR, May 8:

The Governor of Arunachal Pradesh Lt. General KT Parnaik, PVSM, UYSM, YSM (Retd.) participated in the World Red Cross Day celebration at TRIHMS, Naharlagun on Wednesday, May 8.

The Governor lit the inaugural lamp and paid floral tribute to the founder of Red Cross Movement Sir Jean Henry Dunant and all those Red Cross volunteers who sacrificed their lives for the cause of humanity.

The Governor, who is the

President of Indian Red Cross Society, Arunachal Pradesh State Branch called upon the volunteers to spread the cause of Red Cross and make their activities purposeful and effective. He suggested organizing seminars and interactions, involving education institutes to educate people the best ways to mitigate challenges at the time of natural disasters, epidemics and accidental emergencies.

Exhorting the Red Cross volunteers to reach out to destitute, orphans and neglected societies and

TB, HIV, drug affected people. Let us endeavour to make Arunachal Pradesh a healthy, happy and compassionate State, who cares for each other, he said.

The Governor exhorted the people, particularly the youth, to imbibe the spirit of volunteer service and be part of the Indian Red Cross. He also called upon educational institutes, tribal organizations and corporate houses to join the Red Cross initiatives.

(Contd on P-2...)

Discussion on mental health and wellbeing held

RONO HILLS, May 4:

A panel discussion on mental health and wellbeing, as part of a two-day workshop on 'Sensitisation of departments for capacity building on specific learning disabilities' was held at Rajiv Gandhi University (RGU) here on Saturday, May 4.

It was focused on promoting students' wellness in terms of "good physical and mental health, psychosocial wellbeing, and sound ethical grounding for high-quality learning," the university informed in a release.

RGU Education Department Prof C Siva Sankar, Prof Renu Malaviya from Lady Irwin College, University of Delhi, Prof Gowamma IP from NCERT, RIE, Bhubaneswar (Odisha), and RGU Psychology HoD (i/c) Assistant Professor Dr Dharmeshwari Lourembam were the panelists of the discussion, which was moderated by RGU Social Work HoD Dr Ravi Ranjan.

Dr Ravi Ranjan Kumar explained that "the programme was conceptualised the day before, when secretary, department of higher education, ministry of education, K Sanjay Murthy, virtually chaired the orientation session on 'Integrated approach to promoting positive mental health, resilience, and wellbeing in centrally-funded HEIs'."

He emphasised the need for "designing programmes to foster sustained capacity building among faculty in HEIs and facilitate the exchange of best practices," and suggested "prioritising collaboration with a panel of experts to address the psychological and emotional wellbeing of students."

During the discussion, Prof Renu Malaviya emphasised that both mental health and physical health are essential in human life and they both cannot be compromised.

(Contd on P-2...)

Meeting held by DDMA to discussed monsoon preparedness

AALO, May 7:

The West Siang District Disaster Management Authority (DDMA) convened a meeting here on Tuesday, May 7 to discuss the district's monsoon preparedness.

During the meeting, which was chaired by DC (i/c) Mabi Taipodia, District Disaster Management Officer Dorjee Nima highlighted how to prepare for the upcoming monsoon. "This year the National Disaster Management Authority has warned of the probability of occurrence of heat wave," he informed, and urged all the line departments to "get prepared to mitigate any eventuality during monsoon."

For Aalo Township, the DDMA has identified the government higher secondary school ground as a safe location in case of natural calamities. The departments of health, power, PHE, WRD, etc, are ready to mitigate any eventuality, the HoDs of the departments informed.

The DC urged all the DDMA members to be proactive during the monsoon season. She also urged the people of the district to inform about any damages caused by natural calamities during monsoon,

(Contd on P-2...)

Governor interacts with IRCSAPSB volunteers



ITANAGAR, May 3:

The Governor of Arunachal Pradesh Lt. General KT Parnaik, PVSM, UYSM, YSM (Retd.) said that the dedication, compassion, and selflessness of Red Cross volunteers has always inspired all to be devoted and to live with greater empathy and compassion. While interacting with the representatives of IRCSAPSB at Raj Bhavan, Itanagar on 3rd May 2024, he urged upon the volunteers to continue to uphold the noble ideals of the Red Cross and strive to create a world where kindness and solidarity reign supreme.

The Governor, who is the President of Indian Red Cross Society, Arunachal Pradesh State Branch (IRCSAPSB) said that in the face of adversity, uncertainty, and disaster, it is the unwavering dedication of Red Cross volunteers that serves as a beacon of hope and compassion. He said that whether it's providing aid to victims of natural disasters, offering comfort to those experiencing personal crises, or delivering lifesaving assistance to communities in need, the selfless service of the volunteers embodies the very essence of humanity.

The Governor advised the IRCSAPSB members to involve more youth in the organization. He also suggested them to create awareness on first aid, natural disasters and its precautions, health and sanitation and importance of blood donation.

Earlier, Indian Red Cross Society Arunachal Pradesh State Branch Joint Secretary Adv. Tame Anuk briefed the Governor about the programmes and initiatives of the IRC State Branch. Dr. Mari Ete, Vice Chairman, IRCSAPSB and Shri Marbom Gangkak also attended the meeting.

Capital DA seeks people's cooperation in illegal earth cutting and encroachments

ITANAGAR, May 6:

District Administration Capital Itanagar request its denizens to cooperate with the Administration in checking, controlling and putting a stop to rampant earth cutting and encroachments in the entire Capital region.

District Administration has been trying its best to resolve issues of earth cutting and encroachment and has been trying to take immediate action on any such complaints however to completely stop such nuisance, collaborative effort of citizen is required.

Deputy Commissioner Capital Itanagar Shweta Nagarkoti Mehta has requested its denizens to be the eyes

and ears of the Administration, who can help by informing about cases of earth cutting or encroachment or any new illegal construction coming up to DC Office through the helpline no. @ 8730-977604 or through Itanagar Deputy Commissioner's Grievance Redressal page at itanagar.nic.in

The name and identity of the informer will be kept confidential. District administration requests its denizens to be part of District Administration and to work as silent volunteers and help in taking strong action against such defaulters for a better future and better development of the twin Capital.

DC capital inspects works of NH Package B

ITANAGAR, May 7:

The Deputy Commissioner Capital Itanagar cum Nodal Officer NH-415, Shweta Nagarkoti Mehta inspected the work of Highway (Package B) from Pappunallah to Nirjuli yesterday along with the officers of Highway led by EE Er Tadu Takhe, representatives of TK Engineering and Consortium Pvt Limited led by Mohan Bora Project Manager, Highway Authorities and others on Tuesday, May 7.

The DC expressed her disappointment over the slow progress of

the work on NH-415(Package-B) and took a detailed stock of the condition of the road. She urged the team of TKECPL to speed up the work as the slow progress of the work is causing inconvenience to the commuters.

The representatives of TKEC-PL informed that the balance work on the road from Pappunallah – Jollang trijunction will begin from 8th May next to which the DC warned that there should not be any compromise of the quality of work and the work should be completed expeditiously.

(Contd on P-2...)

DC holds meet to check illegal mining activities



ITANAGAR, May 8:

Capital Itanagar deputy commissioner Shweta Nagarkoti Mehta on Wednesday, May 8 convened a meeting with all the stakeholders to check illegal mining activities and reduce risks in mining affected areas within Capital Itanagar.

The DC lamented that despite several orders, illegal mining activities have been found to be rampant in the city. "In view of the monsoon season, it is even more important to take pre-

cautionary measures to reduce the risks of mining affected areas," she said.

The DC sought technical expertise of all concerned on how to check the issue and also to streamline the permission process for the notified quarries.

The DC urged all to make a collaborative effort to put a stop to such illegal activities. She stressed on the importance of vulnerability mapping and monitoring in order to keep an

eye on the vulnerable locations that could be prone to disaster.

During the meeting, Arunachal Pradesh Space Application Centre (APSAC) director H.K Dutta said that the department will help in vulnerability assessment and categorizing the areas which are prone to disaster.

ADC in-charge Datum Gadi, representatives of the departments of geology and mining, disaster management, Earth science and Himalayan Studies attended the meeting.

Coordination meeting on project SMILE held

NAMSAL, May 7:

A coordination meeting on project SMILE (Support for Marginalized Individuals for Livelihood and Enterprises) with all the stakeholders was held at the deputy commissioner's conference hall here in Namsai district on Tuesday, May 7.

Presiding over the meeting, deputy commissioner C.R. Khampa urged the project implementing agency 'Dhama Foundation,' an NGO, to prepare roadmap for rehabilitation of persons engaged in the act of begging.

Khampa suggested the secretary of the NGO to coordinate with the other appropriate rehabilitation centres and provide skill training to persons engaged in begging as per their age, capability and eligibility.

He also requested all concerned to work sincerely towards achieving the goal under the project "so that no individual, engaged in begging in the district, is left without being benefitted under the scheme."

Project manager of the Foundation, Chow Dinesh Chowlik gave a power-point presentation on the activities under project SMILE in the district.

(Contd on P-2...)

Wordly Wise

"Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment."-Buddha

Editorial

National Technology Day

National Technology Day, which is a significant observance in India, commemorates the remarkable advancements and achievements made in the field of technology. This special day holds great importance as it marks the successful nuclear tests conducted at Pokhran, Rajasthan, in 1998, known as Operation Shakti.

Between May 11 and 13 of that year, India demonstrated its scientific and technological prowess by conducting a series of underground nuclear tests. These tests laid the foundation for India's recognition as a nuclear power, showcasing the country's self-reliance and its ability to harness advanced technology for the betterment of its people. National Technology Day serves as a reminder of the pivotal role technology plays in a nation's progress and development.

Each year on May 11, India celebrates National Technology Day with enthusiasm and pride. This day gives a platform to acknowledge the contributions of engineers, scientists, researchers, and innovators, who have achieved significant breakthroughs in many fields.

The primary objective of National Technology Day is to promote scientific temper and inspire the younger generation to pursue careers in STEM (science, technology, engineering, and mathematics) fields. It serves as an occasion to raise awareness about the importance of technology in addressing societal challenges and fostering economic growth.

Across the country, numerous events and activities like exhibitions, seminars, conferences, and lectures are organized on this day. These platforms facilitate the exchange of ideas, knowledge sharing, and discussions on emerging trends in technology among scientists, entrepreneurs, and industry experts.

The significance of National Technology Day extends beyond nuclear technology. It also highlights advancements made in diverse domains such as information technology, biotechnology, aerospace, telecommunications, agriculture, healthcare, and manufacturing. India has emerged as a global hub for technological innovation, and this day serves as a reminder of the country's potential to become a leader in scientific research and development.

Moreover, National Technology Day encourages collaborations and partnerships between academia, industry, and the government.

Free health consultation camp held at Mer

PASIGHAT, May 6:

Over 70 patients from Mer, Gadum, and Tinali benefited from a free health consultation camp organised here in East Siang district by the Siang Trust on Monday, May 6.

Mer is one of the interior villages not connected by road.

Among other things, blood pressure test and sugar test were carried out, and medicines were provided for free during the camp, which was conducted by specialist doctors, including senior surgeon Dr Bomni Tayeng, Dr Saibal Bhattacharjee, Dr Runi Tasung, and Dr Lung Perme Panging, besides medical staff. Siang Trust vice president Mohonto Panging Pao also attended the camp.



(Contd from P-1)

World Red Cross Day celebrated...

The Governor recommended reorganizing the society in a more structural manner to make it efficiently respond to any exigency. He said that IRC-SAPSB should emulate other volunteer organizations, like NGOs of Tirap and Changlang Districts working for rehabilitation of drug addicts and Rashtriya Swayamsevak Sangh rendering service in every emergency at national level. The Red Cross Society must become a bridge between affected people and the Government during the time of relief work, he said.

The Governor commended the State Indian Red Cross Society for organizing a volunteer blood donation camp to commemorate the World Red Cross Day. He conveyed his gratitude to the voluntary blood donors from various organizations and establishments, participating medical officers, nursing officers and para medic staff.

The Governor presented certificates of appreciation to the Principal, PTC, Banderdewa, Commandant, ITBP, Yupia, Vice Chancellor, Global University, Naharlagun, Vice Chancellor, Arunodaya University, Lekhi, Chairperson, Oju Welfare Association, Naharlagun and Chairperson, Arunachal Shining Mom & Dad, Naharlagun, for their contributions in World Red Cross Day celebration and voluntary blood donation camp on the occasion.

Earlier, Honorary Secretary, Indian Red Cross, Arunachal Pradesh State Branch, Dr. Emi Rumi presented a brief report on the activities of the State Branch in the last few years during COVID-19, fire accidents and natural disasters.

Director, TRIHMS, Dr. Moji Jini, Director, Family Welfare, Dr. Wangdi Lama, State Mission Director, National Health Mission, M. Sora and Chief Medical Superintendent, TRIHMS, Dr. D. Raina were present during the inaugural function. Large numbers of volunteers from State Police, ITBP, NSS and educational institutes turned up to donate blood on the occasion.

DC capital inspects works of NH...

They also informed the DC that the work on the flyover and the service road is in progress to which the DC asked them fill up the digging around piers of flyover for making the road smooth and motorable for the commuters.

The DC informed that teams would be constituted to monitor the work on the highway. Team 1 will monitor the work on bitumen concrete layer from Nirjuli to Mithun Gate and Pappunallah- Jollang trijunction to the opposite of Niba Hospital.

Team 2 will monitor work on potholes from Yupia tri junction to Mithun gate.

Team 3 will fill up digging around piers of flyover for making the road smooth and motorable for the commuters.

Team 4 will look after the work on service road.

The DC informed that she will personally monitor the progress of work along with EAC and CO Naharlagun.

The DC also directed them to ensure that the potholes are filled up regularly to avoid inconvenience to the public.

The DC also took stock of the work on Lagoon bridge.

She also urged all the stakeholders to give their best in carrying out their responsibilities despite the arrival of the monsoon season.

The Project Manager of TKEPL was also instructed to create a detailed plan to implement the aforementioned decisions in a timely manner so as to resolve the issue of traffic congestion across the Naharlagun-Nirjuli stretch.

Additionally, the road quality across the Yupia trijunction till Mithun gate to be improved to make rides through the stretch more comfortable.

Discussion on mental health and...

She highlighted "the significance of face-to-face interaction for better social life" and addressed the challenges posed by "the increasing reliance on technology transforming human beings into digital entities, which affects mental health."

She also emphasised "the importance of empathy in a society that increasingly talks about tolerance."

Prof Gowamma IP said, "Mental health is needed for developing psycho-social competencies, and it should be part of every system of education."

Prof C Siva Sankar highlighted how thinking process, brain structure, problem-solving abilities, self-awareness, self-concept, and self-actualisation are vital for overall mental health and wellbeing. He also emphasised "the association of mental health and wellbeing with skill development, aligning with the vision of NEP-2020 to make education vibrant and promote sustainable development as well as global wellbeing."

"Knowing self, managing self, knowing others and managing others are core aspects for emotional wellbeing," he added.

Dr Dharmeshwari Lourembam stressed the importance of acknowledging and seeking help if persistent negative feelings occur, highlighting that "consulting a counsellor should not be taboo but rather seen as positive."

The panel suggested MANODARPAN, an initiative of the union education ministry, and Tele MANAS, a comprehensive mental healthcare service, as available resources for psychosocial support.

After the panel discussion, the workshop continued with a technical session on dyslexia, which is one of the specific learning disabilities. Prof Renu Malaviya explained "dyslexia, with regard to identification of individuals with dyslexia, causes for dyslexia, assessment procedure for dyslexia, and treatment and intervention strategies to deal with individuals with dyslexia," the release said.

Approximately 180 participants, including faculty members and students from various departments of the university, attended the programme. Six technical sessions were conducted, covering the concepts of specific learning disabilities, reading disabilities, writing disabilities, developmental coordination disorders, communication disorders, and calculation deficits, it said.

Meeting held by DDMA to discussed...

and requested the people of Aalo Township to "not venture near rivers and streams, keep away from landslide-prone zones, and keep sufficient food items, medicines, first aid, kit, etc, during monsoon."

The DDMA advised the people of the district to contact the emergency operating centre (Phone number 1077/9485236779), the DC office (6909821668), the SP's control room (9711713232), the ITBP control room (9436255744), or the Army control room (9402698708) to report any untoward incident.

Coordination meeting on project...

EAC-cum-nodal officer Oni Padun spoke on the issues faced by the SMILE project implementing agency "during rescue operation and overall management of the project."

During the meeting, the house resolved to work in coordination for rehabilitation of the persons engaged in begging.

Government officials from concerned departments and representatives of the NGOs also attended the meeting.



SERVICE LINE



HOSPITALS

General Hospitals, Naharlagun			
Casualty wing	: 0360-2246677	CMO	: 0360-2244293
Med.Suptd.	: 0360-2244156	Ambulance	: 0360-2244479
R.K.Mission Hospital, Itanagar			
	: 0360-2212263		
Heema Hospital, Itanagar			
	: 0360-2291094		
Niba Hospital, Pappu-Nallah Hospital in Guwahati			
	: 0360-2244574		
GNRC Hospital			
	: 0361-2227701/2227702/2227703		
Down Town Hospital			
	: 0361-2336906/2336911		
GMC Hospital			
	: 0361-2528417/2529457		
International Hospital			
	: 0361-2347700/2347701		
B.Barooah Cancer Institute			
	: 0361-2472364		

POLICE STATION

Itanagar	: 0360-2212233	Naharlagun	: 0360-2244329
Nirjuli	: 0360-2257220	Doimukh	: 0360-2277220
Banderdewa	: 0360-2266236		

FIRE STATION

Itanagar	: 0360-2212640	Naharlagun	: 0360-2244399
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APST BUS SERVICE

Sl. No.	Name of Route	Type of Service	Service Days
1.	Itanagar-Shillong	Night Service	Daily Service
2.	Itanagar-Nyapin	Night Service	Mon /Thu/Sat
3.	Itanagar-Aalo	Night Service	Daily Service
4.	Itanagar-Daporijo	Night Service	Daily Service
5.	Itanagar-Yingkliong	Night Service	Alternate Day
6.	Itanagar-Seppa	Night Service	Daily Service
7.	Itanagar-Khonsa	Night Service	Sun/Mon/Wed/Thu
8.	Itanagar-Tezu	Night Service	Tuesday only
9.	Itanagar-Koloriang	Night Service	Daily Service
10.	Itanagar-Guwahati	Day Service	Daily Service
11.	Itanagar-Aalo	Day Service	Daily Service
12.	Itanagar-Pasighat	Day Service	Daily Service
13.	Itanagar-Tirbil	Day Service	Mon/Thu/Sat
14.	Itanagar-Bomdila	Day Service	Daily Service except Fri
15.	Itanagar-Palin	Day Service	Sun/Wed/Fri
16.	Itanagar-Sagalee	Day Service	Mon/Wed/Fri
17.	Itanagar-Ampoli	Day Service	Sun/Tue/Thu
18.	Itanagar-Mengio	Day Service	Sun/Tue/Thu
19.	Itanagar-Kimin	Day Service	Daily Service except Sat
20.	Itanagar-Gerukhamukh	Day Service	Daily Service except Fri
21.	Itanagar-Balijan	Day Service	Daily Service except Sun
22.	Itanagar-Tarasso	Day Service	Daily Service except Sat
23.	Itanagar-Sonajuli	Day Service	Daily Service except Sun
24.	Itanagar-Lilabari	Mail Service	Daily Service except Sun
25.	Itanagar- Jote	Day Service	Daily Service except Sun

HELICOPTER SERVICE

Arunachal Pradesh Helicopter Non-Schedule Flight Service Local Sector (Dauphin Pawan Hans) wef 01.10.2014

DAY.	STATION	DEP.TIME	STATION	ARR.TIME
MONDAY	Naharlagun	09:00	Pasighat	10:05
	Pasighat	10:30	Pangin	10:50
	Pangin	10:55	Mechuka/Monigong	11:45
	Mechuka/Monigong	11:50	Pangin	12:40
	Pangin	12:45	Pasighat	13:05
TUESDAY	Pasighat	13:15	Naharlagun	14:20
	Naharlagun	09:00	Mohanbari	09:45
	Mohanbari	10:15	Khonsa	10:45
	Khonsa	10:50	Longding	11:10
	Longding	11:15	Khonsa	11:35
WEDNESDAY	Khonsa	11:40	Changlang	12:00
	Changlang	12:05	Mohanbari	12:45
	Mohanbari	13:10	Naharlagun	13:55
	Naharlagun	09:00	Mohanbari	09:45
	Mohanbari	10:10	Pasighat	10:40
THURSDAY	Pasighat	10:45	Roing	11:05
	Roing	11:10	Anini	11:35
	Anini	11:45	Roing	12:15
	Roing	12:20	Dambuk	12:35
	Dambuk	12:40	Roing	12:55
FRIDAY	Roing	13:00	Pasighat	13:20
	Pasighat	13:50	Naharlagun	14:55
	Naharlagun	09:00	Mohanbari	09:45
	Mohanbari	10:00	Maio	10:40
	Maio	10:45	Vijaynagar	11:20
SATURDAY	Vijaynagar	11:25	Miao	12:00
	Miao	12:05	Mohanbari	12:45
	Mohanbari	13:00	Naharlagun	13:45
	Naharlagun	09:00	Mohanbari	09:45
	Mohanbari	10:30	Namsai	11:05
SUNDAY	Namsai	11:10	Tezu	11:30
	Tezu	11:35	Hayuliang	12:10
	Hayuliang	12:15	Tezu	12:50
	Tezu	12:55	Namsai	13:15
	Namsai	13:20	Mohanbari	13:55

HELICOPTER SERVICE

Arunachal Pradesh Helicopter Non-Schedule Flight Service Local Sector (MI-172 Pawan Hans/Skyone) wef 01.10.2014

DAY.	STATION	DEP.TIME	STATION	ARR.TIME
MONDAY	Naharlagun	10:45	Anini	11:40
	Mohanbari	11:10	Dambuk	12:00
	Pasighat	11:45	Roing	12:20
	Roing	12:05	Pasighat	12:40
	Anini	12:25	Mohanbari	13:30
TUESDAY	Dambuk	13:00	Naharlagun	14:35
	Roing	13:40	Mohanbari	09:55
	Pasighat	09:00	Miao	11:00
	Mohanbari	10:20	Vijaynagar	11:45
	Naharlagun	11:10	Miao	12:25
WEDNESDAY	Mohanbari	11:50	Mohanbari	13:10
	Miao	12:30	Naharlagun	14:25
	Vijaynagar	13:30		
	Mohanbari	09:00	Mohanbari	09:55
	Mohanbari	10:00	Pasighat	10:35
THURSDAY	Naharlagun	10:50	Yingkliong	11:25
	Mohanbari	11:30	Singa	12:15
	Pasighat	11:55	Tuting	12:40
	Yingkliong	12:20	Yingkliong	13:05
	Tuting	12:45	Pasighat	13:45
FRIDAY	Singa	13:10	Mohanbari	14:35
	Tuting	14:00	Naharlagun	15:35
	Yingkliong	14:40		
	Pasighat	09:00	Ziro	09:30
	Mohanbari	09:50	Tali	10:20
SATURDAY	Naharlagun	10:25	Damin	10:45
	Ziro	10:50	Ziro	11:20
	Tali	11:25	Naharlagun	11:55
	Damin	09:00	Daporijo	10:30
	Ziro	10:00	Taksing	11:15
SUNDAY	Naharlagun	10:40	Daporijo	12:15
	Ziro	11:40	Ziro	12:50
	Daporijo	12:20	Naharlagun	14:00
	Taksing	13:30		
	Daporijo			

STATION OFF DAY PASIGHAT

STATION OFF DAY PASIGHAT

STATION OFF DAY PASIGHAT

STATION OFF DAY PASIGHAT

HELICOPTER SERVICE

Arunachal Pradesh Helicopter Non-Schedule Flight Service Local Sector (MI-172 Pawan Hans/Skyone) wef 01.10.2014

Arakanchari Helicopter Non-Schedule Flight Service Local Sector					
(MI-172 Pawan Hans/Skyone) wef 01.10.2014					
DAY.		10:05	Tawang/Lumla	13:10	5:00
MONDAY	Naharlagun	12:00	Guwahati	15:15	
	Guwahati	13:55	Naharlagun		1:20
	Tawang/Lumla				1:10
	Pawan Hans			09:20	1:10
	MI-172)		Guwahati	11:15	1:20
		08:00	Tawang/Lumla	13:10	5:00
	Naharlagun	12:00	Guwahati	15:15	
	Guwahati	13:55	Naharlagun		1:20
	Tawang/Lumla				1:20
TUESDAY					2:40
(Sky one MI-172)	Guwahati	10:00	Guwahati	11:20	
		13:30	Naharlagun	14:50	
	Naharlagun				1:20
WEDNESDAY	Guwahati				1:10
(Sky one MI-172)		08:00	Guwahati	09:20	1:10
		10:05	Tawang/Lumla	11:15	1:20
	Naharlagun	12:00	Guwahati	13:10	5:00
	Guwahati	13:55	Naharlagun	15:15	
	Tawang/Lumla				1:20
THURSDAY	Guwahati				1:10
Pawan Hans					1:10
MI-172)	Guwahati	08:00	Guwahati	09:20	1:10
		10:05	Tawang/Lumla	11:15	1:20
	Naharlagun	12:00	Guwahati	13:10	5:00
	Guwahati	13:55	Naharlagun	15:15	
	Tawang/Lumla				1:20
FRIDAY	Guwahati				1:20
(Sky one MI-172)	Tawang/Lumla			11:20	1:20
	Guwahati	10:00	Guwahati	14:50	2:40
		13:30	Naharlagun	FLY.TIME	
	Naharlagun		ARR.TIME		
SATURDAY	Guwahati			1:20	
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GOVERNMENT OF ARUNACHAL PRADESH
OFFICE OF THE DISTRICT MAGISTRATE
CAPITAL: ITANAGAR

DM

GS/Estt-73/2006/PF/77/515

Dated Itanagar 03rd May, 2024.

NOTICE

WHEREAS, a Departmental inquiry was Initiated against Shri Rabi Balmiki, Governor's Secretariat, Itanagar, vide order No.GS/Estt-73/2006/PF/77/5268 dated 22nd Dec, 2023.

AND WHEREAS, the Departmental Inquiry Board has inquired into the matter and submitted the inquiry report, informing that the articles of charge framed against the said Shri Rabi Balmiki, has been proved.

AND WHEREAS, a copy of the Inquiry Report submitted by Department Board is required to be served to Shri Rabi Balmiki, as per rules.

NOW, THEREFORE, Shri Rabi Balmiki, is hereby directed to submit his response within 15 (fifteen) days from the date of receipt of this Notice and Inquiry Report. If no comments are received in 15(fifteen) days time, matter will be decided ex-parte.

Enclo: - Inquiry Report.

Sd/- Darade Sharad Bhaskar, IPS
Secretary to Governor.



GOVERNMENT OF ARUNACHAL PRADESH
OFFICE OF THE DISTRICT MAGISTRATE
CAPITAL: ITANAGAR

DM

No.DM/Capital/HW-01/2024

Dated. Itanagar, the 7th May'2024

PROHIBITORY ORDER

It has been brought to the notice of the undersigned during the discussion held on 7th May'2024 with the Executive Engineer, Highway Division, Nirjuli and the Concessionaire of the Viaduct at Nirjuli to Upper Karsinghsa (Chainage 52 + 100 to 53 +200) that the under construction Viaduct at Nirjuli to Upper Karsinghsa (Chainage 52 + 100 to 53 +200) are being frequented by individual (s) for sightseeing and leisure activities.

AND WHEREAS,
Such unwarranted activities not only cause hindarances to the ongoing works but may also lead to accident leading to loss of life and, may also, damage the machineries and obstruct the works being carried out.

AND WHEREAS,
It is felt expedient to take preventive measures to stop any individual (s) from causing hindarances to the on-going works of Viaduct at Nirjuli to Upper Karsinghsa (Chainage 52 + 100 to 53 +200).

NOW THEREFORE,
I, Smti Shweta Nagarkoti Mehta, IAS, DM-cum-Nodal Officer (Highway Package B & C), in exercise of the powers conferred under Section 144 of Cr. P.C. r.w.t Section 34 (C) of Disaster Management Act'2005 do hereby prohibit the following for a period of 2 (Two Months) from the date of issue of this order:-

1. Entry of any individual (s) into the Viaduct at Nirjuli to Upper Karsinghsa (Chainage 52 + 100 to 53 +200) for sightseeing or leisure activities which may lead to hindarances in the works.
2. Entry of private/commercial vehicle (s) not engaged in the works of the Viaduct at Nirjuli to Upper Karsinghsa (Chainage 52 + 100 to 53 +200).
3. The Superintendent of Police, Naharlagun and Superintendent of Police (Traffic), Itanagar shall deploy sufficient no. of security personnel for the same.
4. The EE, Highway Division, Nirjuli shall give necessary direction to the Concessionaire for displaying banners restricting the Entry of Individual (s)/Private/Commercial vehicle (s) at the aforementioned area.
5. Any individual (s) found violating or trespassing shall be prosecuted under Section 144 of Cr. P.C. r.w.t Section 34 (C) of Disaster Management Act'2005.

Given under my hand and seal on this Day of 7thMay'2024.

Sd/-
(Shweta Nagarkoti Mehta) IAS
DM-cum-Nodal Officer (Highway Package B & C)
Capital, Itanagar



GOVERNMENT OF ARUNACHAL PRADESH
OFFICE OF THE DEPUTY COMMISSIONER
CAPITAL::ITANAGAR

DC

No.DC/Capital/Jud-01/2024

Dated Itanagar, the 8th May'2024

ORDER

WHEREAS, it is found that several off-road vehicles are lying along the National Highway, State Highways & Sector Roads of the Itanagar Capital Region causing hindrances to the free flow of traffic and exacerbating the traffic congestion.

AND WHEREAS, keeping such off-road vehicles unattended along the roads and using the roads/path for purposes other than vehicular movement has become a public nuisance.

NOW THEREFORE, it is ordered that the District Transport Officer, Capital, Itanagar shall carry out an exercise to remove all such off-road vehicles from the National Highway, State Highway & Sector roads, at the earliest, and dispose of the same after following due procedure.

Further, the owners of such off-road vehicles are hereby directed to remove their vehicle(s) lying along the roads of Capital, Itanagar, with immediate effect, or else the same would be removed and disposed of accordingly.

For strict compliance.

Sd/-
[Shweta Nagarkoti Mehta], IAS
Deputy Commissioner
Capital, Itanagar



GOVERNMENT OF ARUNACHAL PRADESH
OFFICE OF THE DISTRICT MAGISTRATE
CAPITAL: ITANAGAR

DM

No. DM/Capital/Jud-01/2024

Itanagar Dated 6th May 2024

CONDITIONAL ORDER
(U/s 133 Cr.P.C)

WHEREAS, it has been observed that construction materials, boulders, and other unwarranted materials are causing nuisance by occupying the sector/colony roads as well as the roadside of NH-415 from 6 Kilo to Nirjuli.

AND WHEREAS, these heaps of construction materials, boulders, and other unwarranted materials not only gives an ugly look to the area but also causes unnecessary inconveniences to the pedestrians and vehicles.

AND WHEREAS, it endangers human life by narrowing the roads/footpaths, increasing accident risk and causing congestion.

THEREFORE, I, Smti Shweta Nagarkoti Mehta, IAS, Deputy Commissioner-cum-District Magistrate, Capital, Itanagar in exercise of the powers conferred upon me under Section 133 Cr P.C do hereby direct the concerned individual(s), department(s) to remove all the construction materials/ boulders/unwarranted materials, etc. stacked along the sector/colony roads and roadside of NH-415 from 6 Kilo to Nirjuli within 3 (three) days from the date of issue of this order without fail, else this order shall be made absolute and stern action would be taken against the defaulters under the relevant provisions of the law.

Further, it is also directed that the EAC, Itanagar/Naharlagun alongwith Public Premises Protection Force (PPPF) are hereby directed to carry out patrolling to ensure that dumping of construction materials/boulders/unwarranted materials, etc. are stopped with immediate effect, as shown against each. The IMC, Itanagar shall facilitate the requisite machineries and provide the logistic support for the same.

Sl. No	Name & Designation	Jurisdiction
1	EAC, Itanagar	Chimpu to 6-Kilo, Itanagar and adjoining areas
2	EAC, Naharlagun	Dree Ground to Nirjuli and adjoining areas
3	CO, Banderdewa	Banderdewa and adjoining areas

Given under my hand and seal on this day of 6th May'2024.

Sd/- [Shweta Nagarkoti Mehta] IAS
District Magistrate
Capital, Itanagar



GOVERNMENT OF ARUNACHAL PRADESH
HOME DEPARTMENT:: ITANAGAR

NOTICE INVITING APPLICATIONS FOR THE POST CHAIRPERSON OF
ARUNACHAL PRADESH STATE HUMAN RIGHTS COMMISSION

1. Applications are invited from eligible candidates for recruitment for the post of Chairperson of Arunachal Pradesh State Human Rights Commission.
2. Details regarding application forms, eligibility criteria, pay scale, procedure to apply etc are available on the State Portal www.arunachalpradesh.gov.in.
3. Application complete in all respects must be addressed to the Principal Secretary to the Government of Arunachal Pradesh, Department of Home, Government of Arunachal Pradesh, A. P. Civil Secretariat, Block No.2, Itanagar and should reach latest by 5.00 PM on 24.05.2024.

Sd/- (Kaling Tayeng) IAS
Principal Secretary to the Govt of Arunachal Pradesh



GOVERNMENT OF ARUNACHAL PRADESH
HOME DEPARTMENT:: ITANAGAR

NOTICE INVITING APPLICATIONS FOR 01(ONE) POST OF MEMBER OF
ARUNACHAL PRADESH STATE HUMAN RIGHTS COMMISSION

1. Applications are invited from eligible candidates for recruitment against 1(one) post of Member of Arunachal Pradesh State Human Rights Commission.
2. Details regarding application forms, eligibility criteria, pay scale, procedure to apply etc. are available on the State Portal www.arunachalpradesh.gov.in.
3. Application complete in all respects must be addressed to the Principal Secretary to the Government of Arunachal Pradesh, Department of Home, Government of Arunachal Pradesh, A. P. Civil Secretariat, Block No.2, Itanagar and should reach latest by 5.00 PM on 24.05.2024.

sd/-Kaling Tayeng, IAS
Principal Secretary to the Government of Arunachal Pradesh.

Capacity Building workshop on Specific Learning Disabilities



RONO HILLS, May 2:

The education department of Rajiv Gandhi University (RGU) here, in collaboration with Naharlagun-based Hills College of Teacher Education (HCTE), on Thursday, May 2 launched a two-day workshop themed 'Sensitisation of departments for capacity building on specific learning disabilities (SLD)'.

Addressing the inaugural function, RGU Vice-Chancellor Prof Saket Kushwaha said that "SLD is a disorder in one or more of the basic psychological processes involved in understanding or using language, either in spoken or written (form)."

He said that it is the need of the hour to "identify the special ability that a child possesses and help them develop it."

He gave the example of suicide cases in Kota, Rajasthan, and termed it "situational learning disabilities that must be addressed."

ity that must be addressed."

The VC expressed hope that the participants would gain a lot from the workshop.

Stressing on the significance of SLD, RGU Registrar Dr NT Rikam said that "emotional therapy is the best remedy to deal with disabled children, as compared to use of technology and new methodology to address their problems."

He added that "SLD inhibits the ability to learn or apply specific academic abilities."

HCTE principal Dr MM Mohapatra explained "how we as teachers can handle learning disabled children and help them develop like other normal children."

Dr Babli Choudhury from Shillong (Meghalaya)-based North Eastern Hill University's education department stated that special attention is required for children with learning

disabilities.

She gave the examples of Albert Einstein and Tom Cruise, who suffered from dyslexia and later rose to new heights in their professions.

She conducted two technical sessions on dysgraphia, dyspraxia and dysphasia.

RGU Education Faculty Dean Prof T Lhungdim highlighted the initiative of the education ministry in sensitising both faculty members and students to specific learning disabilities.

RGU Education HoD Prof PK Acharya, programme coordinator Prof C Siva Sankar, and deputy coordinator Dr Varsha Patnaik also spoke.

About 50 teachers of various departments and 100 PG students, including research scholars from all departments of RGU, are participating in the workshop.

One day mass social service organised



DAPORJO, May 4:

The District Administration organised one day mass social service here in Daporijo Township, on Saturday, May 4.

The mass social service which started from forest tri junction to GREEF camp which was almost 1km areas was closely monitored by DC Talo Potom, in where stake holders, community base organizations, shopkeepers were enthusiastically took participated.

The illegal dumping materials along the road site sands, boulders and any other building materials were evicted for free flow of drainage system and traffic movement.

Surprise checking by DTCC flying squad

ITANAGAR, May 7:

Flying Squad of District Tobacco Control Cell, ICR conducted a surprise checking drive and raided shops near the schools of Itanagar situated near Nitivihar, Senkipark area under the provision of COTPA section 6a & 6b under the banner.

A Squad team consisting of EAC Itanagar Khoda Lasa, District

consultant (DTCC) and police successfully seized a huge amount of cigarettes and other tobacco products along with alcohol sold illegally from different shops situated within 100 m radius area of schools.

All the Shop owners violating COTPA Section 6 (a)&(b) were challaned amounting to Rs 200/- each and were warned from further sell-

ing of any type of Tobacco products near educational institutions and were asked to abide by the laws under COTPA to help the youths in living a Tobacco Free life & towards a Tobacco Free society & Environment.

At the end of the surprise checking, all the seized items were burnt and disposed off at the Office of EAC Itanagar.

Maiden FDP concludes at GC Yachuli



YACHULI, May 5:

The 5-days Faculty Development Programme (FDP) on entrepreneurship concluded at Govt. College Yachuli on Saturday, May 4.

Organized by Entrepreneurship Development Centre (EDC) of Govt. College Yachuli under the Project titled 'Establish, Develop and Management Entrepreneurship Development Centres (EDCs) and Incubation Centres (ICs) in the Educational Institutions of North-eastern Region', the programme was sponsored by North Eastern Council (NEC) Shillong and implemented by Indian Institute of Entrepreneurship (IIE) Guwahati under the Ministry of Skill Development & Entrepreneurship, Govt. of India.

The FDP was coordinated by Dr. Teli Momu, Assistant Professor, GCY, who is also the district

coordinator of EDC for Lower Subansiri and Keyi Panyor districts.

Besides other EDC committee members including Assistant Professor Nada Pugang, Dr. Ngawang Drema Trangpoder, Nabam Tabang, Tara Dajam and Yadi Nani, the FDP was also attended by Dr. Rejir Karlo, Principal Govt. College Yachuli-cum-Centre Head of Entrepreneurship Development Centre, Tage Rita Takhe, Managing Director of Naara-Aaba Winery Private Limited Ziro, Dr. Gyati Kobing, Dy. Director, Cooperative Society Naharlagun, Joram Ania, progressive farmer from Kangam Organic Farm Yazali, resource persons from various departments, faculty members from different colleges of the state, members from KVIC, DIC, ITI, CS and NGOs.

Speaking on the concluding day, Dr. Rejir Karlo said that the FDP is designed to train and develop professionals in the area of entrepreneurship, innovation and incubation in which they can act as resource persons in guiding and motivating the entrepreneurs, farmers, unemployed youth and students of the district to take up entrepreneurial careers.

The outcome of the FDP is likely to provide essential tools and techniques through diverse hands-on-training modules. With such an aptitude, the knowledge of tools of entrepreneurship would enhance the practicing skills of the faculty members and teachers, who, in turn, can apply them for linking classroom teaching to motivate the entrepreneurs, farmers, unemployed youth and students towards entrepreneurial careers, remarked Dr. Karlo.

Hangpan Dada memorial football and volley ball begins at Khonsa

KHONSA, May 6:

The 7th district-level Hangpan Dada Memorial Football and Volleyball Tournaments (U-16 boys and girls) began here in Tirap district on Monday, May 6.

The opening boys' football match was played between United 57 and 57 Strikers of 57-Borduria-Bogapani assembly constituency and United 57 beat 57 Strikers 5-4 in penalty shootout.

In girls' football, Ranglamja beat United 57 in penalty shootout.

In boys' volleyball, United 57 defeated Ranglamja, Lonyan beat United Kothin, and Kolam beat Tutnu Youngster.

In girls' volleyball, Ranglamja beat United 57.

Earlier, veer nari Chasan Dada, who kicked off the tournament, lauded the state government for renaming the CM's Trophy as Martyr Hangpan Dada Memorial Trophy. She appealed to the participating teams to maintain a sporting spirit throughout the tournament.

ADC Tana Bapu urged all the participants and students of the district to stay away from drugs/opium and concentrate on studies, games & sports and other co-curricular activities like yoga and physical exercises.

The ADC on behalf of the dis-



trict administration assured to extend all possible help to martyr Hangpan Dada's family, whenever necessary.

Organising committee member Gawang Sumpa administered the pledge to the players and advised them to maintain sporting spirit and

discipline.

DSO Noah Mongku informed about the tournament, and said that the CM's Trophy tournament was renamed as Martyr Hangpan Dada Memorial Trophy to commemorate his supreme sacrifice.

Radio Talk on TB & HIV at Community Radio Centre



NAMSAI, May 8:

A Radio Program was held at Community Radio Centre, Mahabodhi Lord Buddha College, Namsai on 26th April last. The radio talk was broadcasted centred primarily on TB & HIV by Dr. Padi Tala (DTO-cum-DACO Namsai) & Dr. Sweta Namchoom (MO OST cum FIART Centre).

The DTO-Cum-DACO Dr. Padi Tala gave a brief overview of the NACP and spoke at length about TB, types of TB and its' symptoms, treatment and TB-HIV co-morbidity. He also spoke on co-morbid conditions which may lead to increased chances of getting diseased with TB. Any chronic disease such as Diabetes, Hypertension, Thyroid Disease, Kidney Disease, Liver Disease, Cancer, HIV Infection, old age (>60 years)

and < 10 years of age etc.

The DTO-Cum-DACO also spoke on schemes under NTEP viz. Nikshay Poshan Yojana, Tribal Support Scheme, Treatment Supporter's Honorarium, and Informant Incentives. He also spoke on Pradhan Mantri TB Mukht Bharat Abhiyaan under which the consenting TB patients are provided free food basket by Nikshay Mitras. Lastly the DTO-Cum-DACO elaborated the many ways to stay safe and prevent infection from this deadly disease.

Later the Medical Officer OST-cum-FIART Centre Dr. Sweta Namchoom spoke about HIV/AIDS. She informed the transmission of HIV happens through Blood transfusion, transmission from mother to child during pregnancy period, sharing of syringes between injectable

drug users, & through unprotected sex with an infected partner.

The MO OST-cum-FIART Centre also spoke on how HIV spreads, clinical stages of HIV, difference between HIV & AIDS, and its treatment. She informed about free screening service provided by at Hospitals & Community Health Centres functioning at Namsai district.

The MO OST-cum-FIART Centre also informed the services provided by various NGOs present in the district as per the norms & conditions laid by the National AIDS Control Organisation.

The DTO-cum-DACO urged the listeners of the talk show to share the information of TB and HIV/AIDS with others so that maximum numbers of people in the community become aware about these diseases.

AYA golden jubilee football tournament ends



ZIRO, May 6:

Stating that the drug menace is the biggest threat looming over the Apatani plateau, national BJP ST Morcha vice-president and prominent Apatani youth leader Nani Opo urged the Apatani Youth Association (AYA) to lead the crusade against the menace.

"Times have now changed and society is facing new and modern challenges like the drug menace which need to be wiped out from the valley through concerted efforts," Opo said at the closing ceremony of an inter-village football tournament organised by the AYA as part of its ongoing golden jubilee celebration here in Lower Subansiri district on Sunday, May 5.

Opo also recalled the contributions of the AYA leaders of the '70s and the '80s in shaping the destiny of the Ziro plateau and in eradicating various evil practices like child marriage and face tattooing.

Terming encroachment another

major challenge confronting the valley, Opo asked the encroachers along the national highway from Pai Gate to Pine Grove to remove their structures in order to facilitate further development along the highway.

"Right of way needs to be maintained along said stretch of the highway, so that further development in the form of bypass roads can come up, similar to our neighbour Assam, in times to come," Opo said.

Dibo ZPM Bamin Gumbo urged the youths to stay away from drugs, and advised the AYA to tie up with the district administration to "up-keep" the tournament.

"This tournament is an excellent platform to nurture the hidden talents of young footballers of the valley," Gumbo said.

60th Bn ITBP Commandant Shailendra Singh Nagarkoti appealed to the people of Ziro plateau, particularly the AYA, to "involve the ITBP in

social welfare works in the valley."

"The ITBP would be glad to participate in community social works, including Swachh Bharat Abhiyan, relief and rehabilitation works, medical camps, among others," Nagarkoti said.

In the final match, Hari Youth Football Club beat All Hong Youth Association (AHYA) 2-1.

Hage Dibo and Hage Genda scored the goals for the winning team, while the lone goal for AHYA was scored by Mudang Taming.

Kago Duyu of All Hija Youth Association received the award for the 'best player of the tournament', while Bullo Khoda of All Hong Youth Association won the award for the highest scorer.

The award for the best goal was won by Hage Tayo.

Mudang Tage Youth Association received the 'fair play team' trophy.